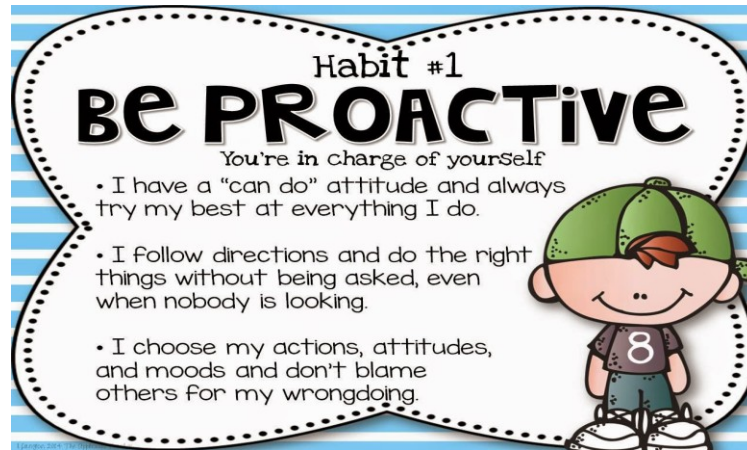


The 7 Habits of Happy Kids

Your child is learning the 7 Habits of Happy Kids as a tool for developing personal leadership.



Habit #1 – Be Proactive – You’re in Charge!

To be proactive means to take responsibility for your choices and behaviors. YOU are in charge of your attitudes, your choices and your responses.

At home, practice using proactive language, as opposed to reactive language...

Proactive Language	Reactive Language
I'll do it	I'll try
I can do better than that	That's just how I am
Let's look at our options	There's nothing I can do
I choose to	I have to
There has to be a way	I can't
I am not going to let your bad mood rub off on me.	You ruined my day.

"A leader is one who knows the way, goes the way, and shows the way."

---John C. Maxwell